

SHIZENSUSHI

Tempura & More

Assorted Tempura (Prawns & Vegetables)	10
Vegetable Tempura Or Yam Tempura	10
Chicken Kaarage (Deep fried Chicken)	10
Chicken Katsu (Breaded Chicken)	10
Yakitori	10
Gyoza (Your choice of Vegetable or Pork)	8
Agedashi Tofu (Deep Fried Tofu, green onion, Bonito)	8
Edamame (Steamed Soy Bean)	7
Korokke (Pumkin Croquette)	7

Salads

Vegetable Sunomono Salad	8
Sunomono Salad (Shrimp , Crab, or Octopus)	9
Seafood Sunomono	12
Seaweed Salad (Marinated Seaweed)	6
Shark fin Salad (Jelly Fish and imitation Shark fin)	8
Goma-ae (Cold Spinach with house Sesame sauce)	8
Ohitashi (Cold Spinach with light Sauce and Bonito)	8
Green Salad	12
Shizen Salad	20
(Green salad topped with assorted Sashimi)	

Seafood Appetizers

Seafood Tempura	20	Oyster Kaki Fry (Panko breaded Oyster pieces)	13
Prawn Tempura (6pcs)	13	Oyster Motoyaki (Baked Oyster in Miso Mayo) 1pc	7
Ika Karage (Panko Squid)	13	Fresh Oysters (Fresh Shucked Oysters) 2pcs	6
BBQ Squid	15	Hamachi Kamayaki (BBQ Yellow-Tail Cheeks)	16
Takoyaki		Soft Shelled Crab (Deep fried Soft shelled Crab)	16
(6pcs, Deep Fried Octopus wheat balls) Spicy or Regular	8	Sushi Pizza (Tempura Rice patty, topped with Chopped Tuna, spicy mayo, Masago, Scallions,)	13
Kusiyaki (Prawn & Scallop on Skewers)	14		

Donburi

(Served on Rice, with a side of Miso soup)

Tofu Don	16
Vegetable Don	16
Katsu Don (Pork Cutlet)	18
Suki Don (Sliced Beef)	18
Oyako Don (Chicken)	18
Chicken Teriyaki Don	19
Beef Teriyaki Don	19
Tekka Don (Tuna on Sushi Rice)	23
Salmon Don (Sockeye Salmon on Sushi Rice)	24
Unagi Don (BBQ Eel on steamed Rice)	22
Chirashi Don (Assorted Sashimi on Sushi Rice)	31

Soup/Noodles

Miso Soup	3
Suimono Soup (Clear broth Soup)	3
Plain Udon or Soba	13
Add Chicken +4/ Beef +4/ Tempura+4	
Nabeyaki Udon or Soba (Assorted Seafood)	23
Yaki Udon or Soba (Pan fried noodles)	
Add Chicken +3 / Beef +3 / Prawns +3	20
Kitsune Udon or Soba (Sweet Tofu pocket)	15

Bento Boxes 22

(Includes Miso Soup, Steamed Rice And Egg Rolls, **Your choice of 2 Hot Items**)

Choose Two Items

Assorted Tempura (Assorted Prawn & Vegetables)
Vegetable Tempura (Assorted Vegetables)
Agedashi Tofu
Chicken Katsu (Breaded Chicken Breast)
Tonkatsu (Breaded Pork Cutlet)
Chicken Teriyaki (Grilled Chicken) (+\$3)
Beef Teriyaki (Grilled Sliced Beef) (+\$3)
Ginger Pork (Grilled Pork) (+\$2)
Chicken Karaage (Deep fried Chicken)

Nigiri Sushi

Maguro (Tuna) 3.25	Tobiko (Flying Fish Roe) 3.50
Sake (Salmon) 3.50	Masago (Capelin Roe) 3.50
Tai (Red Snapper) 3.00	Kani (Real Crab) 4.00
Ebi (Shrimp) 3.00	Hotate (Scallop) 4.50
Hokkigai (Surf Clam) 3.00	Toro (Fatty Tuna) 4.00
Ika (Squid) 3.50	Ikura (Salmon Roe) 4.25
Saba (Mackerel) 3.25	Smoked Salmon 4.25
Tamago (Egg Omelette) 3.00	Amaebi (Sweet Prawn) 4.25
Inari (Tofu Pocket) 3.00	Spicy Scallop 4.00
Tako (Octopus) 3.25	Unagi (BBQ Eel) 4.00
Spicy Beef 3.75	Ahi (Yellow-Fin) 4.25
Beef Tataki 3.75	Uni (Sea Urchin) 6.00

Sashimi

Toroko Sashimi (Tuna with sesame Mayo)	14
Tuna Sashimi (8pcs)	Half/11 21
Salmon Sashimi (Wild Sockeye)	Half/11.5 22
Tako Sashimi (Octopus)	Half/11 21
Hokkigai Sashimi (Surf Clam)	Half/11 21
Saba Sashimi (Mackerel)	Half/11 21
Tuna Tataki (Seared Tuna)	23
Beef Tataki Sashimi (Seared Beef)	25
Toro Sashimi (Tuna Belly)	25
Ahi Sashimi (Yellow Fin)	28
Assorted Sashimi (7 kinds of Fish)	40

Maki Sushi

(Rolls contain Mayonaise)

Tekka Maki (Tuna Roll)	6.5
Salmon Maki	7
Negitoro Maki (Tuna & Green Onion)	7
BBQ Salmon Skin Roll (Cucumber, Salmon Skin)	7
California Roll (Crab, Cucumber, Avocado)	7.5
California King Roll (Crab, Tamago, Cucumber, Avocado, Masago)	9.5
Salmon & Avocado Roll	9
Tuna & Avocado Roll	8.5
Spicy Salmon & Avocado Roll	9.5
Spicy Tuna & Avocado Roll	9
Chicken Teriyaki Roll	9
Spicy Beef Roll	9
Unagi Roll (BBQ Eel & Avocado)	9
Prawn Tempura Roll (Prawn Tempura, Cucumber, Masago)	8.5
Dynamite Roll (Prawn Tempura, Cucumber, Masago, Spicy Sauce)	9
Spicy Salmon Roll (Cucumber, Masago, Spicy Sauce)	9
Spicy Tuna Roll (Cucumber, Masago, Spicy Sauce)	8.5
Spicy Scallop Roll (Cucumber, Masago, Spicy Sauce)	9.5
Smoked Salmon Roll (California Roll, Smoked Salmon)	15
Spider Roll (Soft-Shell Crab, Cucumber, Masago)	12
Futomaki (Crab, Tamago, Mushroom, Gourd, Cucumber)	9

Tokyo Roll 11

(BBQ Eel, Prawn Tempura, Cucumber, And Avocado, Brushed with sweet Teriyaki, then rolled in Masago)

Islander Roll 17

(Tempura Prawns, Avocado and Spicy Mayo, Topped with slices of Tuna And Salmon, finished with a sprinkle Of Masago and Seaweed Salad)

Highlander Roll 18

(Tempura Prawns, Avocado and Spicy Mayo, with Seared Steak, A dab of fresh grated ginger, sprinkle of Minced Garlic, a drop of Tabasco, Sweet Teriyaki drizzle and then topped With Green Onions)

Sushi Combos

Beginners Sushi (Hosomaki + 5 Assorted Nigiri)	21
Gourmet Sushi (Hosomaki + 7 Assorted Nigiri)	27
Deluxe Sushi (Hosomaki + 9 Assorted Nigiri)	35
Vegetable Maki Combo (Kappa Maki, Avocado Roll, Vegetable Roll, Yam Tempura Roll, Asparagus Tempura Roll, Zucchini Tempura Roll, and Spinach Roll)	44
Supreme Maki Combo (California Roll, Dynamite Roll, Unagi Roll, Spicy Tuna roll, Spicy Salmon Roll, Vancouver Roll)	54
Sushi & Sashimi Combo (Small Assorted Sashimi, 6 x Nigiri, Hosomaki roll)	60
Good Time Party Tray (2 x Yam Tempura rolls, 2 x Dynamite Rolls, Spicy Scallop Roll, Tuna & Avocado Roll, and Salmon & Avocado Roll)	58
Sushi Time Platter for 4 (Dynamite Roll, Vancouver Roll, California Roll, 4 x Salmon Nigiri, 4 x Tuna Nigiri, 4 x Ebi, 4 x Unagi Nigiri, 4 x Spicy Scallop Nigiri, 4 x Hokkigai, 4 x Tako, and 4 x Tai Nigiri)	145

Vegetarian Maki

(Rolls contain Mayonaise)

Kappa Maki	5.5
Avocado Roll	6
Oshinko Roll	5.5
Vegetable Roll (Carrot, Cucumber, Avocado)	8
Yam Tempura Roll	7.5
Yam & Avocado Roll	8
Zucchini Tempura Roll	7
Asparagus Tempura Roll	7.5
Spinach Roll	7.5
Summer Delight Roll (Shiitake Mushroom, Carrot, Cucumber, Gourd, Avocado)	9.5

Customer Favourites

Rob Roll 9

(Tempura Yams, sushi mayo paired With Tempura Prawns)

Yamalicious Roll 9

(Tempura Yams, sushi mayo paired With chopped green onions and Philadelphia Cream Cheese)

Rainbow Roll 17

(California Roll Topped with assorted Sashimi and Masago)
Real Crab add \$3.00

Ichiban Roll 16

(California Roll Topped with BBQ Eel and Sesame seeds)
ADD Real Crab add \$3.00

B.C. Roll 11

(BBQ Salmon Skin, Avocado, Real Dungeness Crab, and Teriyaki Drizzle, Rolled in Masago)

Vancouver Roll 13

(Wild Sockeye Salmon, with cuts of Albacore Tuna and Ebi Prawns, Avocado rolled in Masago for a Tasty Roll)

Jimmy Special Roll 20

Tempura Prawns with smoked salmon, Avocado, tapped with tuna, tempura bits, spicy mayo, unagi sauce, scallions and masago.

Dinner Combos

Shizen Dinner Combo for Two	84
(Your Choice of Beef Teriyaki or Chicken Teriyaki, Your Choice of Green or Sunomono Salad, Includes Assorted Tempura, Chicken Karaage, California Roll, 6 x assorted Nigiri, Egg Rolls, Miso Soup, and Rice)	
Honeymoon Combo for Two	105
(Your Choice of Green or Sunomono Salad, Includes Assorted Tempura, Large assorted Sashimi, California Roll, 6 x assorted Nigiri, Egg rolls, Miso Soup, and Rice)	

Extras

Rice	4	Add Avocado to Roll	2
Rice & Sauce	4.75	Side of Avocado	3
Sushi Rice	4.75	Add Masago to Roll	1.75
Steak Sauce	1.5	Deep Fry a Roll	3.50
Spicy Mayo	2	Can of Pop	3.25